

Understanding Adolescents

Part 1: What is an Adolescent?

- (a) The term and its history
- (b) Brief History of Development of Adolescence
- (c) Definition of Adolescence

Part 2: The Adolescent Journey

- (a) Quest for Identity
- (b) Quest for Autonomy
- (c) Quest for Belonging

Part 3: Stages of Adolescence

- (a) Early Adolescence
- (b) Middle Adolescence
- (c) Late Adolescence

Part 4: Ministering to Adolescents

- (a) It is the responsibility of the Church.
- (b) It must be relational.